

BUSINESS CASE for workplace health

Benefits of investing in health and wellbeing:

4x Workplaces who don't promote health and wellbeing are **4x more likely to lose talent** within 12 months than those workplace who do.¹

3x Healthy employees are **3x more productive** than unhealthy employees.²

9x Unhealthy employees take up to **9x the amount of sick leave** in comparison to healthy employees.²

Workplaces that implement supportive policies that promote healthy habits and create supportive environments might expect to see:

WITHIN A FEW MONTHS	WITHIN 1-2 YEARS	WITHIN 3-5 YEARS
<ul style="list-style-type: none"> ▲ worker morale and engagement ▲ team cohesion 	<ul style="list-style-type: none"> ▲ individual work performance and productivity ▲ attraction and retention of employees ▲ improved corporate and recruitment image ▲ individual health knowledge ▲ job satisfaction 	<ul style="list-style-type: none"> ▼ workplace injuries and associated expenses ▼ absenteeism and sick leave ▼ incidence of attending work when sick ▲ improved relations among workers and with management ▲ return on training and development investment

Adapted from Workcover Tasmania



"Prioritising and improving the health and wellbeing of our employees is an essential way we demonstrate that we are an organisation that cares deeply about people – both the people we serve as well as the people we employ."
– CEO, Baptistcare

1. Health and Productivity Institute of Australia 2010, Best Practice Guidelines – Workplace Health in Australia
2. Medibank Private 2005, The health of Australia's workforce, Medibank Private, Australia

Partner:



Government of Western Australia
Department of Health

